

What are the learning modules?

Two 60-minute lesson plans from the Ministry of Education about digital safety and substance use health that are aligned with existing grade 6 Health and Physical Education and Language curriculum expectations.

The focus of the learning is on knowing the facts and developing strategies to help make healthy and safe decisions.

Learn more

- [Three-minute overview video](#)
- [Recorded slide deck webinar](#) (will download when clicked)



How do I find the modules?



Ministry of Education –
Curriculum and Resources website



“Approaching these conversations with care, intention and accurate information, even if it feels imperfect, is far more beneficial than remaining silent.”

Ontario Public Health nurse



Further curriculum connections

Consider how the modules provide authentic contexts for grade 6 literacy skills – discussion, critical analysis, persuasive communication and purposeful text creation.

Strand A. Literacy Connections & Applications

Digital media literacy

- In what ways are students navigating online safety, privacy and media influence?
- Where might students question credibility and distinguishing fact from misinformation?

Strand C. Comprehension

Perspectives, bias and messages

- Where are students identifying bias or persuasive techniques in the messages they analyze?
- How are they interpreting explicit and implicit messages?

Strand D. Composition

Creating texts for purpose and audience

- What opportunities exist for students to share their learning through announcements, posters or presentations?
- Who is their intended audience, and what is their purpose?



Browse all the implementation supports for the Healthy Choices modules.



Approaches to learning

Ophea and MediaSmarts have created optional, supportive, background materials to help you prepare to teach the modules.



Setting the Stage:
Pre-teaching considerations for Gr. 6 Educators regarding Substance Use and Addictions



A non-judgmental approach is key to this conversation. Lead with curiosity and pause to notice your own assumptions. Create space for students' varied lived experiences and realities to be shared and valued.



Explore and reflect upon your cultural humility using this tool: bit.ly/chreflectiontool.

