

Visit the bike rack and parking lot



Pedal over and share opportunities and/or challenges



Park your questions here!

The learning in both modules is rich and detailed. Consider chunking it into smaller pieces and using more than the allocated time so students can dig deeper. For example, in the digital media action section, try one learning activity with the whole class over several lessons rather than splitting the task among groups in a single period.



Treasure hunt



Can you find these items in the modules?

- the parent/caregiver communication templates (two versions - brief and comprehensive)
- the downloadable slide deck (one for each module)
- optional assessment tools
- supportive transitions tip sheet
- a 'Try It' tip

Complementary resources



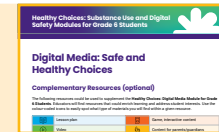
Connect Quest
bit.ly/ConnectQuest



My Values + Tech lesson
(sign up for free account to access)
bit.ly/ValuesTech



Digital Media resource
bit.ly/DM_resources



Substance Use resource
bit.ly/SU_resources



Implementation tools

Supports for sharing about these modules with peers



SMH-ON implementation tools
Resources to support delivery of the modules including slides, orientation videos, webinars, complementary resources, and more.
bit.ly/GR6resources_SMHON



Have questions?

Here's who you can contact at our board for more information:

Welcome! Grade 6 Healthy Choices Modules PD

Date:

Name:

Schedule

Time	Activity

Time	Activity
9:00	Welcome – sign in please
9:20	Overview & Approach
10:15	Digital Media Module
12:15	Lunch
1:00	Substance Use Module
2:40	Wrap-Up
3:00	Home Time!

Goals for the day

Healthy Choices: Substance Use and Digital Safety

Goals for the day:

- Familiarize ourselves with the Healthy Choices modules
- Explore positive teaching approaches for delivery of this content
- Reflect on our own roles
- Identify gaps and discuss solutions for potential challenges
- Learn about supporting resources and tools

What are the learning modules?

- two 60-minute lesson plans from the Ministry of Education about digital safety and substance use health (available in French and English)
- aligned with existing Health and Physical Education and Language curriculum expectations

The focus of the learning is on knowing the facts and developing strategies to help make healthy and safe decisions.

A non-judgmental approach is key to this conversation. Lead with curiosity and pause to notice your own assumptions. Create space for students' varied lived experiences and realities to be shared and valued.



Explore and reflect upon your cultural humility using this tool: bit.ly/chreflectiontool.



How do I find the modules?



Visit the Ministry of Education – **Curriculum and Resources website** bit.ly/gr6choices



- How do these modules support students' well-being and decision-making?
- What instructional approaches will support meaningful discussion?
- Where can this learning be reinforced or revisited?



Further curriculum connections

Consider how the modules provide authentic contexts for Grade 6 literacy skills – discussion, critical analysis, persuasive communication and purposeful text creation.

Strand A. Literacy Connections & Applications

Digital media literacy

- In what ways are students navigating online safety, privacy and media influence?
- Where might students question credibility and distinguishing fact from misinformation?

Strand C. Comprehension

Perspectives, bias & messages

- Where are students identifying bias or persuasive techniques in the messages they analyze?
- How are they interpreting explicit and implicit messages?

Strand D. Composition

Creating texts for purpose & audience

- What opportunities exist for students to share their learning through announcements, posters or presentations?
- Who is their intended audience, and what is their purpose?

My notes and ideas

Blank area for taking notes and ideas.

