

# Join ThriveSMH!

Want to make a difference in mental health at school?

ThriveSMH is a group of students from school boards across Ontario. Together, we work with School Mental Health Ontario to share ideas, give feedback and create resources that support student mental health.

To apply, visit: [bit.ly/ThriveSMH](https://bit.ly/ThriveSMH)



Applications close  
November 30.



## Meet Alina!

Hey! I'm Alina. I work at School Mental Health Ontario and support students in ThriveSMH. In my spare time, I enjoy going for walks with my dog Charlie, working out, watching reality TV, and reading.



School  
Mental Health  
Ontario

Santé mentale  
en milieu scolaire  
Ontario



@ThriveSMH