Join ThriveSMH!

Are you passionate about mental health?

ThriveSMH is a group of students from Englishlanguage school boards across Ontario. We work with School Mental Health Ontario to help in developing and sharing mental health promotion resources and supports for students.



To apply, visit **smho-smso.ca/students**

Applications close April 28.

Hey there! My name is Alina. I'm a staff member from School Mental Health Ontario that supports ThriveSMH. In my spare time, I enjoy going for walks with my dog Charlie, working out, watching reality TV, and reading.







School Sc

Santé mentale en milieu scolaire Ontario







