SMH-ON 2022-2025 Strategy Image Long Description

The SMH-ON 2022-2025 strategy is represented as a circle diagram. At the centre of the Strategy, is ensuring that *every student* has access to **differentiated and identity affirming** mental health supports across the tiers of intervention. Surrounding every student are the words: **Dismantle, Engage, Amplify, Respond** speaking to the commitment of SMH-ON to incorporate an equity lens in all work moving forward. These four words represent the cornerstone of the equity within school mental health framework that SMH-ON will be bringing forward in more detail in the coming school year.

The next layer surrounding *every student* identifies the multi-tiered systems of support within Ontario schools, emphasizing that most of the work of schools is, or should be, focused on tier 1 (mental health promotion) and tier 2 (prevention and early intervention) services.

Tier 1 (mental health promotion supports) is comprised of:

- Parent/Caregiver Support & Community Connections
- System, School, & Classroom Leadership
- Strength-Based Mental Health Promotion
- Mental Health Literacy and Stigma Reduction
- Student Leadership, Participation, and Agency

Tier 2 (prevention and early intervention services) is comprised of:

- Early Identification and Student Support
- Prevention and Early Intervention

Tier 3 (clinical supports and services) includes:

- Intensive Supports and Service Pathways

The next, and outer layer surrounding every student includes:

- Mentally healthy environments
- Teaching and learning
- Student engagement and allyship
- Partnerships and services

These four areas mirror key foundations for a mentally healthy school, as echoed in the Canadian Healthy School Standards, tailored for a focus on mental health and well-being within the Ontario context.

The foundations required for effective, scalable, and sustainable school mental health in Ontario are listed at the bottom of the visual, and include:

- Leadership commitment
- Implementation processes and structures
- Internal and external communication
- Engagement and collaboration
- Evidence and monitoring

School Mental Health Ontario
Santé mentale en milieu scolaire Ontario