

# #HearNowON for 2021: Student Voices on Mental Health

## Sample social media posts

### Instagram

Online Survey
We want to hear from you! @SMHO_SMSO & @Wisdom2Action have teamed up to launch #HearNowON for 2021. #HearNowON is an opportunity for secondary students to share their ideas about student mental health through an online survey and virtual forums. Learn more <link>
#HearNowON for 2021 online survey is live. Contribute your perspective. Your voice is important <a href="https://bit.ly/HearNowON2021_ONecoute2021">https://bit.ly/HearNowON2021_ONecoute2021</a>
Ontario secondary students, there are __ days left to fill out the #HearNowON online survey. Your voice is important <a href="https://bit.ly/HearNowON2021_ONecoute2021">https://bit.ly/HearNowON2021_ONecoute2021</a>
Virtual Forums
Ontario secondary school students: @SMHO_SMSO & @Wisdom2action have launched #HearNowON for 2021. You can have your say on how school mental health can be improved across the province. Sign up for a virtual forum of your interest <a href="https://www.wisdom2action.org/hearnowon/">https://www.wisdom2action.org/hearnowon/</a>
Ontario Secondary School Students: @SMHO_SMSO & Wisdom2Action want your input on school mental health! #HearNowON Sign up for a virtual forum of your interest <a href="https://www.wisdom2action.org/hearnowon/">https://www.wisdom2action.org/hearnowon/</a>
Ontario Secondary students, there are __ days left to sign up for a #HearNowON virtual forum. Your voice is important. <a href="https://www.wisdom2action.org/hearnowon/">https://www.wisdom2action.org/hearnowon/</a>

### Twitter

Online Survey
The survey is now open for #HearNowON: Ontario secondary students, to have their say on mental health in their schools <a href="https://www.wisdom2action.org/hearnowon/">https://www.wisdom2action.org/hearnowon/</a>

We can't support school mental health without students! Registration is now open for #HearNowON – an opportunity for students to have their voice heard on mental health in their schools. Click the link for more information

<https://www.wisdom2action.org/hearnowon/>

Ontario secondary school students: There's still time to fill out the [#HearNowON](#) survey to have your say on mental health awareness, learning, and wellness promotion in Ontario's schools. Hurry! Survey closes November 19<sup>th</sup>, 2021. Click here:

<https://www.wisdom2action.org/hearnowon/>

### **Virtual Forums**

Ontario secondary school students: [@SMHO\\_SMSO](#) & [@Wisdom2Action](#) want your input on school mental health! Sign up for a virtual forum near you. [#HearNowON](#) [#MentalHealthWeek](#)

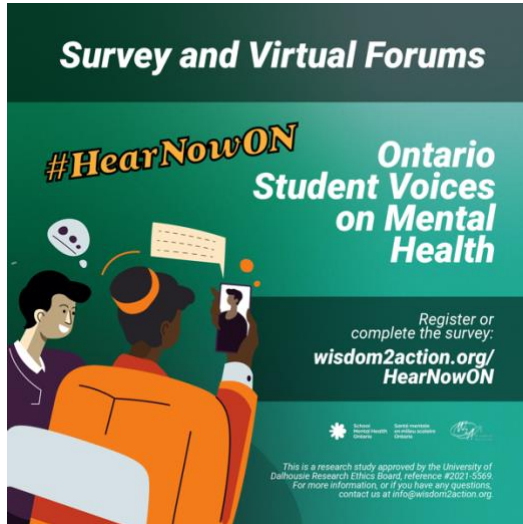
Link [www.wisdom2action.org/hearnowon/](http://www.wisdom2action.org/hearnowon/)

Check out #HearNowON - an Ontario-wide secondary school student consultation on #MentalHealth. Please share this opportunity with secondary school students in your networks!

Are you looking for something to do this weekend? Attend this virtual event and share your perspectives on student mental health with [@SMHO\\_SMSO](#) & [@Wisdom2Action](#) + volunteer hours + meet students across the province [#HearNowON](#)

# General Images

## Instagram



## Twitter

